

Attention SHIFT MANAGERS

Improve Safety and Productivity by Prioritizing Worker Sleep



Worker Safety

Exhaustion increases risk of work related accidents by 70%

33% more likely to have a road accident

Company Profits

Tiredness decreases worker performance

\$280 - \$411 billion in America lost due to decreased productivity and missed hours

Increase your worker's productivity and prevent workplace injury by setting consistent shift schedules for your workers. When planning shift rotations, rotate shifts *forward* (day → evening → night). Try scheduling the heaviest work during the day and allow for napping breaks during night shifts.